

THE GLENHAM FIRE DISTRICT STANDARD OPERATING GUIDELINE AND PROCEDURE	SUBJECT NO. GFD-43-17
DEPARTMENT: Glenham Fire Department SUBJECT: Physicals and Fit Testing for all Firefighters	
<u>CROSS-REFERENCE:</u> GFD-43-01 Organizational Statement & General Overview; GFD-43-06 Training Requirements	

Original date of issue: 03/2018

Reviewed:	03/18	02/20					
Revised:							

Purpose:

All firefighters must adhere to the Board of Fire Commissioners of the Glenham Fire District's annual physical policy.

Physicals:

All firefighters are required to have completed a physical each calendar year. If said firefighter does not meet the requirement, that firefighter shall be placed on suspension until physical has been obtained. The firefighter will have up to 60 days thereafter to complete physical or he/she shall be removed from Active status.

Firefighters have the option of obtaining a physical from their personal primary doctor as long as outlined rules have been followed and category of type of firefighter has been checked off with stamp and signature of providing doctor is met. Any expense accrued from said physical shall be reimbursed by the Glenham Fire District. Otherwise the Glenham Fire District has contracted with TEK Medical Services and members can contact them to have an appointment set up.

Respiratory Fit Testing:

All Interior Firefighters will also be required to have a Respiratory Fit Test completed annually (365 days). This can be completed at TEK Medical Services as well during your scheduled physical or via a separately scheduled appointment. On occasion (typically once per year), the Fire District will host TEK Medical Services at the fire house to perform this service during the evening for any interior firefighter in need of this Fit Test and is available to attend this opportunity.

If a Fit Test is not completed annually, the Firefighter will be taken off of the Interior List until such time as his / her respiratory Fit Test is compliant.

Physical and FIT Test Provider:

TEK Medical Services
1075 ROUTE 82, Suite 10
Hopewell Junction, NY 12533
Phone: (845) 226-3045

REVISION HISTORY			
Rev	Description of Change	Author	Effective Date